

Swimming Lessons & Leadership Courses

Fall 2025

Registration Deadlines apply, see date under session listings @ 4:00 pm
Minimum registration numbers must be met for classes to run. Details subject to change at any time.

Level	<u>Session 1</u> Tue & Thu October 14 – 30 Deadline: Oct 7	<u>Session 2</u> Sundays Oct 19 – Dec 7 No Class NOV 9 Deadline: Oct 12	<u>Session 3</u> Mondays Oct 20 – Dec 1 No Class Nov 10 Deadline: Oct 13	<u>Session 4</u> Fridays Nov 7 – Dec 12 Deadline: Oct 31
Swim for Life Parent & Tot: PARENTED; 1 (4 – 12 months); 2 (12 – 24 months); 3 (24 – 36 months)				
<u>Parent and Tot 1/2/3</u>	N/A	5:45 – 6:15 pm \$52.50	N/A	10:15 – 10:45 am 5:30 – 6:00 pm \$45.00
Swim for Life Preschool: UNPARENTED, 3 – 5 yrs				
<u>Preschool 1</u>	2:00 – 2:30 pm \$45.00	6:00 – 6:30 pm \$52.50	10:45 – 11:15 am \$45.00	10:45 – 11:15 am 4:15 – 4:45 pm \$45.00
<u>Preschool 2</u>	2:00 – 2:30 pm \$45.00	5:00 – 5:30 pm \$52.50	10:45 – 11:15 am 4:45 – 5:15 pm \$45.00	10:45 – 11:15 am 4:15 – 4:45 pm \$45.00
<u>Preschool 3</u>	2:00 – 2:30 pm \$45.00	5:00 – 5:30 pm \$52.50	10:45 – 11:15 am 4:45 – 5:15 pm \$45.00	11:15 – 11:45 am \$45.00
<u>Preschool 4</u>	2:30 – 3:00 pm \$45.00	N/A	10:15 – 10:45 am \$45.00	11:15 – 11:45 am 3:45 – 4:15 pm \$45.00
<u>Preschool 5</u>	2:30 – 3:00 pm \$45.00	N/A	10:15 – 10:45 am \$45.00	3:45 – 4:15 pm \$45.00
Swim for Life Swimmer: UNPARENTED, 6 – 12 yrs				
<u>Swimmer 1</u>	N/A	4:00 – 4:45 pm \$78.75	4:00 – 4:45 pm \$67.50	4:45 – 5:30 pm \$67.50
<u>Swimmer 2</u>	N/A	5:15 – 6:00 pm \$78.75	5:30 – 6:15 pm \$67.50	4:45 – 5:30 pm \$67.50
<u>Swimmer 3</u>	N/A	5:15 – 6:00 pm \$78.75	5:30 – 6:15 pm \$67.50	4:45 – 5:30 pm \$67.50
<u>Swimmer 4</u>	N/A	4:00 – 5:00 pm \$105.00	N/A	N/A
<u>Swimmer 5</u>	N/A	4:00 – 5:00 pm \$105.00	N/A	N/A
<u>Swimmer 6</u>	N/A	6:30 – 7:30 pm \$105.00	6:15 – 7:15 pm \$90.00	3:45 – 4:45 pm \$90.00
<u>Swim Patrol: Rookie; Ranger; Star</u>	N/A	6:30 – 7:30 pm \$105.00	6:15 – 7:15 pm \$90.00	3:45 – 4:45 pm \$90.00
Teen & Adult Lessons (13 yrs +): Do you want to learn to do your strokes better? How to float? How to stay safe around water? We teach the water skills YOU want to work on!				
	N/A	N/A	6:45 – 7:30 pm \$67.50 + GST	N/A

Registration Deadlines apply to swim lessons and leadership courses, see date
under session listings @ 4:00 pm
Minimum registration numbers must be met for classes to run.
Details subject to change at any time.

Registration opens August 19 @ 8:00 am

Register by phone at 823-1322, online at www.aquaplex.ca or in person.



Lifesaving Society Programs offered at the Drumheller Aquaplex

Parent & Tot 3
Parent & Tot 2
Parent & Tot 1

Preschool 1
Preschool 2
Preschool 3
Preschool 4
Preschool 5

Swimmer 6
Swimmer 5
Swimmer 4
Swimmer 3
Swimmer 2
Swimmer 1

Swim to Survive®
SwimAbilities® (1-4)

Star Patrol
Rookie Patrol
Ranger Patrol

Bronze Star
Bronze Medallion*
First Aid / Aquatic Emergency Care
Bronze Cross*

First Aid Instructor*
Lifesaving Instructor*
Swim Instructor*
SwimAbilities Instructor*
National Lifeguard*

Adult 3
Adult 2
Adult 1

This flow chart is an overview of some of the Lifesaving Society's programs. Program participants may hop on and off the line at their leisure. Please consult the Policies and Procedures for detailed program policies and necessary prerequisite(s) where they apply.

*Prerequisites Apply

Dear Parents/Guardians:

Thank you for choosing the Drumheller Aquaplex for your swimming program! Below are some guidelines for our swimming lessons. At any point feel free to talk to a staff member if you have any questions or concerns.

Spectator Policies

- All spectators must stay in designated areas during lessons.
- For the indoor pool, please use the designated spectator area. Parents/guardians may not view from the pool side or inside the pool deck area as this is disruptive to the students.
- If spectators do not abide by these guidelines, they may be asked to leave and will not be permitted to watch the lessons.
- Spectators are not permitted to interfere with class instruction. If there is an immediate concern, it may be brought to the attention of the Shift Supervisor, who will speak with the instructor.
- There are a few minutes before and after each lesson where parent/guardians may speak with the instructor.

First Lesson Procedures

- Please check in at the front desk prior to entering the changing rooms. If you still need to sign a waiver form for your child, this can be done at this time.
- Please have students change and meet their instructors on the bleachers next to the windows. After the first day the instructor will set a meeting spot for the remainder of the lessons.
- Do NOT have a shower prior to the lesson (on any of the days), the instructors will go with/send students to shower before they enter the water.
- If you have your child's previous Progress Card, please bring it for the instructor.

Clothing Items

"A review of 20 years of unintentional water-related fatalities reveals that unexpected falls into water account for almost 20% of deaths. Falls are unexpected, individuals were wearing clothing at the time of the incident. As part of the water safety education content, we are adding items to learn-to-swim programs to ensure swimmers understand the challenges when encumbered by clothing as well as learn how to respond in these situations."

- As a result of this initiative, a note will go home with your child at some point in the lesson as to what day they should bring clothes to the pool. Some suggested clothing items to be worn OVER your child's swimwear would be shorts, dress, t-shirt, long pants, or socks
- Please ensure that swimwear is worn under the clothing, as they will be removing the clothing part-way through the lesson

Mid-way Lesson:

- Mid-way evaluations will be handed out part way through the lesson session. These evaluations should give you an idea of how your child is progressing in their level, their strengths and challenges. Always feel free to talk to the instructor before or after classes.

Final Lesson

- On the last day your child will receive a Progress Card so you can see what skills



your child has passed or failed. Please feel free to talk to your child's instructor if you have any questions about what has been written.

Transferring classes

- If you have registered your child for multiple classes over different sessions, and your child does not complete their current level, you have until 2 pm the week before the next session begins to try to transfer your child to another class or to withdraw your child from the class (and get a credit on your account).
- One week before a session begins, the classes will be closed, and no changes will be possible to those classes.
- Refunds will not be permitted once the registration deadline has passed (7 days prior to a registered program starting).

Please help keep our pool clean, be sure to wait for shower thoroughly before getting into the pool.

If you have any questions, please do not hesitate a member of our amazing team. We are looking forward to a wonderful session!

Sincerely,

Team Aquaplex
403-823-1322
aquaplex@drumheller.ca
www.drumheller.ca/play/aquaplex
www.facebook.com/DrumhellerAquaplex