## Swimming Lessons & Leadership Courses Spring 2025

Minir		lines apply, see date under se nust be met for classes to run.	ession listings @ 4:00 pm . Details subject to change at a	inv time.				
Level	<u>Session 1</u> Fridays Mar 14 – Apr 11 (5) Deadline: March 7	<u>Session 2</u> Tue/Thu mornings Mar 18 – Apr 3 (6) Deadline: March 11	<u>Session 3</u> Mon – Fri Apr 21 – 25 (5) Deadline: April 14	<u>Session 4</u> Fridays May 2 – Jun 20 (7) NO CLASS MAY 16 <b>Deadline:</b> April 25				
Swim for Life Parent & Tot: PARENTED; 1 (4 – 12 months); 2 (12 – 24 months); 3 (24 – 36 months)								
Parent and Tot 1/2/3	10:15 am – 10:45 am \$37.50	10:00 am – 10:30 am \$45.00	N/A	9:45 am – 10:15 am \$52.50				
Swim for Life Prescho	ol: UNPARENTED. 3 – !	<u>5 yrs</u>						
Preschool 1	11:00 am — 11:30 am \$37.50	N/A	10:00 am – 10:30 am 4:00 pm – 4:30 pm \$37.50	11:00am – 11:30 am 5:30 pm – 6:00 pm \$52.50				
Preschool 2	11:00 am – 11:30 am 5:30 pm – 6:00 pm \$37.50	10:45 am – 11:15 am \$45.00	11:30 am – 12:00 pm 4:00 pm – 4:30 pm \$37.50	11:00am – 11:30 am 4:00 pm – 4:30 pm \$52.50				
Preschool 3	9:45 am – 10:15 am 5:30 pm – 6:00 pm \$37.50	10:45 am – 11:15 am \$45.00	11:30 am – 12:00 pm 4:30 pm – 5:00 pm \$37.50	4:00 pm – 4:30 pm \$52.50				
Preschool 4	9:45 am – 10:15 am 5:00 pm – 5:30 pm \$37.50	N/A	11:45 am – 12:15 pm 4:30 pm – 5:00 pm \$37.50	N/A				
Preschool 5	5:00 pm – 5:30 pm \$37.50	N/A	11:45 am – 12:15 pm \$37.50	N/A				
Swim for Life Swimme	er: UNPARENTED, 6 – 12	<u>2 yrs</u>	•					
Swimmer 1	4:00 pm – 4:45 pm \$56.25	N/A	10:45 am – 11:30 am 5:15 pm – 6:00 pm \$56.25	5:15 pm – 6:00 pm \$78.75				
Swimmer 2	4:00 pm – 4:45 pm \$56.25	N/A	10:15 am – 11:00 am 5:15 pm – 6:00 pm \$56.25	4:45 pm – 5:30 pm \$78.75				
Swimmer 3	4:00 pm – 4:45 pm \$56.25	N/A	10:15 am – 11:00 am \$56.25 4:00 pm – 5:00 pm \$75.00	4:45 pm – 5:30 pm \$78.75				
Swimmer 4	5:00 pm – 6:00 pm \$75.00	N/A	9:00 am – 10:00 am 4:00 pm – 5:00 pm \$75.00	N/A				
Swimmer 5	5:00 pm – 6:00 pm \$75.00	N/A	9:00 am – 10:00 am \$75.00	4:00 pm – 5:00 pm \$105.00				
<u>Swimmer 6</u>	N/A	N/A	9:00 am – 10:00 am \$75.00	4:00 pm – 5:00 pm \$105.00				
<u>Swim Patrol:</u> Rookie; Ranger; Star	N/A	N/A	9:00 am – 10:00 am \$75.00	4:00 pm – 5:00 pm \$105.00				
Teen & Adult Lessons (13 yrs +): Do you want to learn to do your strokes better? How to float? How to stay safe around water? We teach the water skills YOU want to work on!								
	N/A	N/A	N/A	N/A				
*NEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-one								
attention for each child	d. Requires a parent/guar N/A	dian in the water. For ages 11:15 am – 12:00 pm	5 3 – 16 yrs. N/A	10:15 am – 11:00 am				
	Registration Deadlines apply, see date under session listings @ 4:00 pm							

Registration Deadlines apply, see date under session listings @ 4:00 pm

Minimum registration numbers must be met for classes to run. Details subject to change at any time.



Rec | Arts | Culture Registration opens February 18 @ 8:00 am Register by phone at 823-1322, online at www.aquaplex.ca or in person.

## Swimming Lessons & Leadership Courses Spring 2025

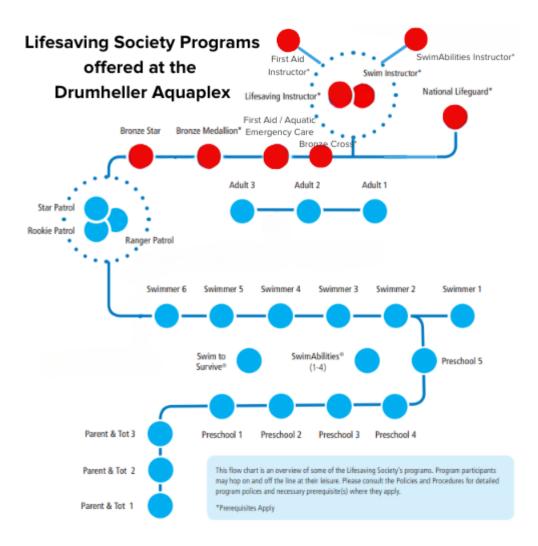
Session 5 Sundays   Session 6 Mondays   Session 7 Mondays     Level   May 4 – Jun 22 (7) NO CLASS MAY 19 Deadline: April 27   May 5 – Jun 16 (6) NO CLASS MAY 19 Deadline: April 28   Mon – Tue – Wed Jun 16 – 18 & 23 – 25 (6) Deadline: June 9     Parent and Tot 1/2/3   4:00 pm – 4:30 pm \$52,50   10:15 am – 10:45 am \$48,00   N/A     Swim for Life Preschool:   UNPARENTED, 14 – 12 months); 2 (12 – 24 months); 2 (24 – 36 months)   N/A     Swim for Life Preschool:   UNPARENTED 3 – 5 vrs   10:15 am – 10:45 am   N/A     Preschool 1   4:30 pm – 5:00 pm \$52,50   \$100 am – 11:30 am \$1:00 am – 11:30 am   4:00 pm – 4:30 pm \$15 pm – 5:45 pm \$1:00 am – 10:15 am \$1:5 pm – 5:45 pm   9:45 am – 10:15 am \$1:5 pm – 5:45 pm     Preschool 2   5:15 pm – 5:45 pm \$25.50   \$30 pm – 6:00 pm \$1:5 pm – 5:45 pm \$25.250   \$30 pm – 6:00 pm \$45.00     Preschool 4   5:15 pm – 5:45 pm \$25.50   9:45 am – 10:15 am \$2:0 pm – 6:00 pm \$45.00   \$345.00     Preschool 5   N/A   4:45 pm – 5:15 pm \$2:0 pm – 6:00 pm   \$30 pm – 6:00 pm \$45.00   \$345.00     Swim for Life Swimmer:   NPARENTED, 6 – 12 vrs   \$45.00   \$45.00   \$45.00     Swim for Life Swimmer:   NPARENTED, 6 – 12 vrs   \$67.50   \$67.50   \$67.50 <th>Minimu</th> <th>Registration Deadlines apply um registration numbers must be me</th> <th>r, see date under session listings @ 4:00 et for classes to run. Details subject to ch</th> <th>pm hange at any time.</th>	Minimu	Registration Deadlines apply um registration numbers must be me	r, see date under session listings @ 4:00 et for classes to run. Details subject to ch	pm hange at any time.
Parent and Tot 1/2/3   4:00 pm - 4:30 pm \$52.50   10:15 am - 10:45 am \$45.00   N/A     Swim for Life Preschool: UNPARENTED. 3 - 5 yrs   11:00 am - 11:30 am \$52.50   4:00 pm - 4:30 pm \$53.0 pm - 6:00 pm \$52.50   4:00 pm - 4:30 pm \$53.0 pm - 6:00 pm   4:00 pm - 4:30 pm \$45.00     Preschool 2   4:30 pm - 5:00 pm \$52.50   5:30 pm - 6:00 pm \$1:00 am - 11:30 am   4:00 pm - 4:30 pm \$15 pm - 5:45 pm \$1:30 pm - 6:00 pm     Preschool 3   5:15 pm - 5:45 pm \$52.50   5:45 pm \$45.00   5:45 pm \$445.00   5:15 pm - 5:45 pm \$445.00     Preschool 4   5:15 pm - 5:45 pm \$52.50   9:45 am - 10:15 am \$30 pm - 6:00 pm \$45.00   5:30 pm - 6:00 pm \$45.00     Preschool 5   N/A   4:45 pm - 5:15 pm \$25.0   5:30 pm - 6:00 pm \$45.00     Swimmer 1   5:00 pm - 5:45 pm \$78.75   \$67.50   \$30 pm - 6:00 pm \$45.00     Swimmer 2   5:78.75   \$67.50   \$67.50     Swimmer 3   4:00 pm - 4:45 pm \$78.75   \$67.50   \$67.50     Swimmer 4   5:45 pm - 6:45 pm \$78.75   \$67.50   \$90.00     Swimmer 5   5:45 pm - 6:45 pm \$78.75   \$67.50   \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   \$90.00   \$90.00	Level	Session 5 Sundays May 4 – Jun 22 (7) NO CLASS MAY 18 Deadline: April 27	<u>Session 6</u> Mondays May 5 – Jun 16 (6) NO CLASS MAY 19 Deadline: April 28	<u>Session 7</u> Mon – Tue – Wed Jun 16 – 18 & 23 – 25 (6)
Parent and 101 U2/3   \$52.50   \$45.00   IV/A     Swim for Life Preschool: UNPARENTED. 3 – 5 yrs   11:00 am – 11:30 am   4:00 pm – 5:00 pm   \$45.00     Preschool 1   4:30 pm – 5:00 pm   5:30 pm – 6:00 pm   \$45.00   \$45.00     Preschool 2   4:30 pm – 5:00 pm   5:30 pm – 6:00 pm   5:15 pm – 5:45 pm   \$45.00     Preschool 3   5:15 pm – 5:45 pm   \$345.00   \$45.00   \$45.00     Preschool 4   5:15 pm – 5:45 pm   \$45.00   \$45.00   \$45.00     Preschool 5   N/A   \$45.00   \$45.00   \$45.00     Preschool 5   N/A   \$45.00   \$45.00   \$45.00     Swim for Life Swimmer: UNPARENTED, 6 – 12 yrs   5:30 pm – 5:30 pm   \$45.00   \$45.00     Swimmer 1   \$57.75   \$67.50   \$67.50   \$67.50     Swimmer 2   4:00 pm – 4:45 pm   4:45 pm – 5:30 pm   \$67.50   \$67.50     Swimmer 3   \$100 pm – 4:45 pm   \$67.50   \$67.50   \$67.50     Swimmer 4   \$5:45 pm – 6:45 pm   \$67.50   \$90.00   \$90.00     Swim	<u>Swim for Life Parent &amp; To</u>			
Swim for Life Preschool: UNPARENTED. 3 – 5 vrs   1100 am – 11:30 am   4:00 pm – 4:30 pm     Preschool 1   4:30 pm – 5:00 pm   5:30 pm – 6:00 pm   4:00 pm – 4:30 pm     Preschool 2   4:30 pm – 5:00 pm   5:30 pm – 6:00 pm   5:15 pm – 5:45 pm     Station 2   5:15 pm – 5:45 pm   5:30 pm – 6:00 pm   5:15 pm – 5:45 pm     Preschool 3   5:15 pm – 5:45 pm   5:30 pm – 6:00 pm   5:15 pm – 5:45 pm     Preschool 4   5:15 pm – 5:45 pm   5:30 pm – 6:00 pm   5:10 pm – 5:45 pm     Preschool 5   N/A   345.00   \$45.00     Preschool 5   N/A   4:45 pm – 5:15 pm   5:30 pm – 6:00 pm     Swimmer 1   5:00 pm – 5:45 pm   \$45.00   \$45.00     Swimmer 1   5:00 pm – 5:45 pm   \$45.00   \$45.00     Swimmer 1   5:00 pm – 5:45 pm   \$45.00   \$45.00     Swimmer 1   5:00 pm – 5:45 pm   \$45.00   \$45.00     Swimmer 2   \$78.75   \$67.50   \$67.50     Swimmer 3   4:00 pm – 4:45 pm   \$10 pm – 5:15 pm   \$67.50     Swimmer 4   \$145 pm – 6:45 pm   \$67.50	Parent and Tot 1/2/3			N/A
Preschool 1   4:30 pm - 5:00 pm \$52:50   5:30 pm - 6:00 pm \$45:00   5:30 pm - 4:30 pm \$1:00 am - 11:30 am \$5:30 pm - 6:00 pm \$1:00 am - 11:30 am \$1:00 pm - 4:30 pm \$1:00 pm - 5:45 pm \$1:30 pm - 6:00 pm \$1:00 pm \$45:00     Preschool 4   5:15 pm - 5:45 pm \$52:50   9:45 am - 10:15 am \$1:30 pm - 6:00 pm \$45:00   5:30 pm - 6:00 pm \$45:00     Preschool 5   N/A   4:45 pm - 5:15 pm \$45:00   5:30 pm - 6:00 pm \$45:00     wim for Life Swimmer: UNPARENTED, 6 - 12 vrs \$45:00   5:30 pm - 5:30 pm \$45:00   4:45 pm - 5:30 pm \$45:00   4:30 pm - 5:15 pm \$45:00     Swimmer 1   5:00 pm - 5:45 pm \$78:75   4:45 pm - 5:30 pm \$67:50   4:30 pm - 5:15 pm \$67:50     Swimmer 3   4:00 pm - 4:45 pm \$78:75   4:00 pm - 4:45 pm \$67:50   4:00 pm - 5:00 pm \$90:00     Swimmer 4   5:45 pm - 6:45 pm \$105:00   6:15 pm - 7:45 pm \$90:00   4:00 pm - 5:00 pm \$90:00     Swimmer 6   6:00 pm -7:00 pm \$105:00   6:45 pm - 7:45 pm \$90:00   4:00 pm - 5:00 pm \$90:00     Swimmer 6   6:00 pm -7:00 pm \$105:00   5:30 pm - 6:30 pm \$90:00   4:00 pm - 5:00 pm \$90:00	wim for Life Preschool: U		· · · · ·	
Preschool 2   4:30 pm - 5:00 pm \$52:50   5:30 pm - 6:00 pm \$45:00   5:15 pm - 5:45 pm \$45:00     Preschool 3   5:15 pm - 5:45 pm \$5:250   9:45 am - 10:15 am \$3:30 pm - 6:00 pm \$45:00   5:15 pm - 5:45 pm \$45:00     Preschool 4   5:15 pm - 5:45 pm \$5:250   9:45 am - 10:15 am \$45:00   5:30 pm - 6:00 pm \$45:00     Preschool 5   N/A   4:45 pm - 5:15 pm \$45:00   5:30 pm - 6:00 pm \$45:00     Preschool 5   N/A   4:45 pm - 5:15 pm \$45:00   5:30 pm - 6:00 pm \$45:00     Swimmer 1   5:00 pm - 5:45 pm \$78:75   5:30 pm - 5:30 pm \$45:00   5:30 pm - 5:15 pm \$67:50     Swimmer 2   4:00 pm - 5:45 pm \$78:75   4:45 pm - 5:30 pm \$67:50   4:30 pm - 5:15 pm \$67:50     Swimmer 3   4:00 pm - 4:45 pm \$78:75   \$67:50   \$67:50     Swimmer 4   5:45 pm - 6:45 pm \$105:00   \$90:00   \$90:00     Swimmer 5   5:45 pm - 6:45 pm \$105:00   \$90:00   \$90:00     Swimmer 6   6:00 pm - 7:00 pm \$105:00   \$90:00   \$90:00     Swim Patrol: Rock; Ranger; Star \$105:00   \$105:00   \$90:00   \$90:00     Swim Patrol: Rock; Ranger; Star \$105:00   6:45 pm - 7:45 pm \$105:00   \$90:00   \$90:00 <td>Preschool 1</td> <td></td> <td>5:30 pm – 6:00 pm <b>\$45.00</b></td> <td></td>	Preschool 1		5:30 pm – 6:00 pm <b>\$45.00</b>	
Preschool 3   5:15 pm - 5:45 pm \$52.50   5:30 pm - 6:00 pm \$45.00   5:15 pm - 5:45 pm \$45.00     Preschool 4   5:15 pm - 5:45 pm \$52.50   9:45 am - 10:15 am \$45.00   5:30 pm - 6:00 pm \$45.00     Preschool 5   N/A   4:45 pm - 5:15 pm \$45.00   5:30 pm - 6:00 pm \$45.00     wim for Life Swimmer: UNPARENTED, 6 - 12 yrs   5:00 pm - 5:45 pm \$78.75   5:30 pm - 6:00 pm \$67.50   \$45.00     Swimmer 1   5:00 pm - 5:45 pm \$78.75   4:45 pm - 5:30 pm \$67.50   4:30 pm - 5:00 pm \$67.50     Swimmer 2   4:00 pm - 4:45 pm \$78.75   4:00 pm - 4:45 pm \$67.50   \$67.50     Swimmer 3   4:00 pm - 4:45 pm \$78.75   \$67.50   \$67.50     Swimmer 4   5:45 pm - 6:45 pm \$105.00   \$90.00   \$90.00     Swimmer 5   5:45 pm - 6:45 pm \$105.00   \$90.00   \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   \$90.00   \$90.00     Swimmer 6   \$105.00   \$90.00   \$90.00   \$90.00     Swimmer 7   6:00 pm - 7:00 pm \$105.00   \$90.00   \$90.00   \$90.00     Swimmer 1   6:00 pm - 7:00 pm \$105.00   \$90.00   \$90.00   \$90.00	Preschool 2		5:30 pm – 6:00 pm <b>\$45.00</b>	5:15 pm – 5:45 pm
Preschool 4   5:15 pm - 5:45 pm \$52.50   4:45 pm - 5:15 pm \$45.00   5:30 pm - 6:00 pm \$45.00     Preschool 5   N/A   4:45 pm - 5:15 pm \$45.00   5:30 pm - 6:00 pm \$45.00     Swimmer 1   5:00 pm - 5:45 pm \$78.75   4:45 pm - 5:30 pm \$67.50   5:30 pm - 6:00 pm \$45.00     Swimmer 2   4:00 pm - 4:45 pm \$78.75   4:45 pm - 5:30 pm \$67.50   4:30 pm - 5:15 pm \$67.50     Swimmer 3   4:00 pm - 4:45 pm \$78.75   5:67.50   \$67.50     Swimmer 4   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 5   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Abilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-one tenton-on-one, creating a group class with one-on-one ten	Preschool 3		5:30 pm – 6:00 pm <b>\$45.00</b>	
Prescription 5   IN/A   \$45.00   \$45.00     Swim for Life Swimmer: UNPARENTED, 6 – 12 yrs   500 pm – 5:45 pm   4:45 pm – 5:30 pm   4:30 pm – 5:15 pm     Swimmer 1   \$78.75   \$67.50   \$67.50     Swimmer 2   4:00 pm – 4:45 pm   \$67.50   \$67.50     Swimmer 3   4:00 pm – 4:45 pm   \$15 pm – 6:00 pm     Swimmer 4   \$78.75   \$67.50   \$67.50     Swimmer 5   \$:45 pm – 6:45 pm   \$67.50   \$90.00     Swimmer 5   \$:45 pm – 6:45 pm   \$615 pm – 7:15 pm   4:00 pm – 5:00 pm     Swimmer 6   \$:45 pm – 6:45 pm   \$615 pm – 7:15 pm   4:00 pm – 5:00 pm     Swimmer 6   \$:105.00   \$90.00   \$90.00     Swimmer 6   \$:105.00   \$90.00   \$90.00     Swim Patrol:   6:00 pm – 7:00 pm   6:45 pm – 7:45 pm   4:00 pm – 5:00 pm     Rookie; Ranger; Star   \$105.00   \$90.00   \$90.00   \$90.00     Swim Patrol:   6:00 pm – 7:00 pm   6:45 pm – 7:45 pm   4:00 pm – 5:00 pm     Rookie; Ranger; Star   \$105.00   \$90.00   \$90.00	Preschool 4	5:15 pm – 5:45 pm \$52.50	4:45 pm – 5:15 pm	5:30 pm – 6:00 pm <b>\$45.00</b>
Swimmer 1   5:00 pm - 5:45 pm \$78.75   4:45 pm - 5:30 pm \$67.50   4:30 pm - 5:15 pm \$67.50     Swimmer 2   4:00 pm - 4:45 pm \$78.75   4:00 pm - 4:45 pm \$67.50   5:15 pm - 6:00 pm \$67.50     Swimmer 3   4:00 pm - 4:45 pm \$78.75   \$67.50   \$67.50     Swimmer 4   5:45 pm - 6:45 pm \$78.75   \$67.50   \$90.00     Swimmer 5   5:45 pm - 6:45 pm \$105.00   \$90.00   \$90.00     Swimmer 6   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   890.00   \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   90.00   \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   90.00   \$90.00		-	4:45 pm – 5:15 pm <b>\$45.00</b>	
Swimmer 1   \$78.75   \$67.50   \$67.50     Swimmer 2   4:00 pm - 4:45 pm \$78.75   4:00 pm - 4:45 pm \$67.50   5:15 pm - 6:00 pm \$67.50     Swimmer 3   4:00 pm - 4:45 pm \$78.75   \$67.50   \$00 pm - 5:00 pm \$90.00     Swimmer 4   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 5   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$105.00   4:00 pm - 5:00 pm \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Rookie; Ranger; Star   \$105.00   \$90.00   \$90.00   \$90.00     Swim Patrol:   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Rookie; Ranger; Star   \$105.00   \$90.00   \$90.00   \$90.00     We teach the water skills YOU want to learn to do your strokes better? How to float? How to stay safe around water? We teach the water skills YOU want to work on!   N/A     IEW*	wim for Life Swimmer: U		1	
Swimmer 2   \$78.75   \$67.50   \$67.50     Swimmer 3   4:00 pm - 4:45 pm \$78.75   4:00 pm - 4:45 pm \$78.75   4:00 pm - 5:00 pm \$90.00     Swimmer 4   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 5   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol: Rookie; Ranger; Star   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol: Rookie; Ranger; Star   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Abulit Lessons (13 yrs +): Do you want to learn to do your strokes better? How to float? How to stay safe around vater? We teach the water skills YOU want to work on!   N/A     N/A   7:30 pm - 8:15 pm \$67.50   N/A     IEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-one tention for each child. Requires a parent/guardian in the water. For ages 3 - 16 yrs.	<u>Swimmer 1</u>	\$78.75	\$67.50	\$67.50
Swimmer 3   \$78.75   \$67.50   \$90.00     Swimmer 4   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 5   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol: Rookie; Ranger; Star   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol: Rookie; Ranger; Star   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol: Rookie; Ranger; Star   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Rookie; Ranger; Star   6:10 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Rookie; Ranger; Star   N/A   7:30 pm - 8:15 pm \$90.00   N/A     IEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-one tention for each child. Requires a parent/guardian in the water. For ages 3 - 16 yrs.   N/A	<u>Swimmer 2</u>	\$78.75	\$67.50	\$67.50
Swimmer 4   \$105.00   \$90.00   \$90.00   \$90.00     Swimmer 5   5:45 pm - 6:45 pm \$105.00   6:15 pm - 7:15 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol: Rookie; Ranger; Star   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol: Rookie; Ranger; Star   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     N/A   \$105.00   \$90.00   \$90.00   \$90.00     Ieen & Adult Lessons (13 yrs +): Do you want to learn to do your strokes better? How to float? How to stay safe around vater? We teach the water skills YOU want to work on!   N/A     N/A   7:30 pm - 8:15 pm \$67.50   N/A     IEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-on tention for each child. Requires a parent/guardian in the water. For ages 3 – 16 yrs.   N/A	Swimmer 3			
Swimmer 5   \$105.00   \$90.00   \$90.00   \$90.00     Swimmer 6   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Swim Patrol: Rookie; Ranger; Star   6:00 pm - 7:00 pm \$105.00   6:45 pm - 7:45 pm \$90.00   4:00 pm - 5:00 pm \$90.00     Cen & Adult Lessons (13 yrs +): Do you want to learn to do your strokes better? How to float? How to stay safe around vater? We teach the water skills YOU want to work on!   7:30 pm - 8:15 pm \$67.50   N/A     IEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-on tention for each child. Requires a parent/guardian in the water. For ages 3 – 16 yrs.   N/A	Swimmer 4	\$105.00		
Swimmer 6 \$105.00 \$90.00 \$90.00   Swim Patrol: Rookie; Ranger; Star 6:00 pm - 7:00 pm \$105.00 6:45 pm - 7:45 pm \$90.00 4:00 pm - 5:00 pm \$90.00   Cen & Adult Lessons (13 yrs +): Do you want to learn to do your strokes better? How to float? How to stay safe around vater? We teach the water skills YOU want to work on!   N/A 7:30 pm - 8:15 pm \$67.50 N/A   IEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-on tention for each child. Requires a parent/guardian in the water. For ages 3 – 16 yrs. N/A	Swimmer 5	5:45 pm – 6:45 pm \$105.00		
Rookie; Ranger; Star \$105.00 \$90.00 \$90.00   een & Adult Lessons (13 yrs +): Do you want to learn to do your strokes better? How to float? How to stay safe around vater? We teach the water skills YOU want to work on! N/A 7:30 pm - 8:15 pm \$67.50 N/A   IEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-one tention for each child. Requires a parent/guardian in the water. For ages 3 – 16 yrs. N/A 5:45 pm - 6:30 pm N/A	Swimmer 6			
Vater? We teach the water skills YOU want to work on! 7:30 pm – 8:15 pm N/A   N/A \$67.50 N/A   IEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-one tention for each child. Requires a parent/guardian in the water. For ages 3 – 16 yrs. N/A   N/A 5:45 pm – 6:30 pm N/A	Rookie: Ranger: Star	\$105.00	\$90.00	\$90.00
N/A 7:30 pm - 8:15 pm \$67.50 N/A   IEW* SwimAbilities: geared towards children who would benefit from one-on-one, creating a group class with one-on-on tention for each child. Requires a parent/guardian in the water. For ages 3 – 16 yrs. N/A   N/A 5:45 pm - 6:30 pm N/A	een & Adult Lessons	(13 yrs +): Do you want to learn to ater skills YOU want to work on!	-	at? How to stay safe around
tention for each child. Requires a parent/guardian in the water. For ages 3 – 16 yrs.		N/A	\$67.50	
N/A 5:45 pm – 6:30 pm N/A	IEW* SwimAbilities: ge	ared towards children who woul	d benefit from one-on-one, creating	a group class with one-on-one
\$6750	Control each child. K	N/A	5:45 pm – 6:30 pm \$67.50	N/A

Registration Deadlines apply, see date under session listings @ 4:00 pm Minimum registration numbers must be met for classes to run. Details subject to change at any time.



Rec | Arts | Culture Registration opens February 18 @ 8:00 am Register by phone at 823-1322, online at www.aquaplex.ca or in person.

## Swimming Lessons & Leadership Courses Spring 2025



Leadership Courses – prior to the course start.			<b>g<u>uard or Instructor:</u> Plea</b> bers must be met for cou			s* to er	roll. Registratior	n deadline is 1 week
Bronze Star	\$160.00	*r	nust be 12 yrs of age by e	end o	f course	Summer 2025		
Bronze Medallion & CPR-C	\$193.00	*must	be 13 yrs of age by end o Bronze Star	of cou	irse OR have	Sun/Mon, March 2 – April 7 5:00 pm – 8:00 pm		
Intermediate First Aid (If	FA) <b>\$170.00</b>	February 18 – 21, 8:15 am to 12:15 pm						
Bronze Cross	\$185.00		have completed Bronze In combine with IFA cour					
Swim Instructor	\$355.00	*must be 15 yrs of age by end of course and have Bronze Cross or higher				Sundays, May 4 – June 1 3:00 pm – 9:00 pm		
National Lifeguard	\$355.00	*must be 15 yrs of age by end of course and have Bronze Cross or higher & current IFA			April 22 – 27, 8:30 am – 3:00 pm			
Lifesaving Instructor	\$265.00	*must have Swim Instructor award			June 8 & 15, 8:30 am – 5:30 pm			
SwimAbilities Instructo	or <b>\$170.00</b>	*must have completed Swim Instructor award		June 21 & 22, 2:00 pm – 8:00 pm				
Recertifications: *must	bring in previous	certifica	ation card or Member ID	) #				
National Lifeguard \$ <b>95.00</b>	April 27 7:30 am – 12:30	pm	June 30 7:30 am – 12:30 pm			Swim & Lifesaving Instructor 1:00 pm – 5:30 pm		1:00 pm – 5:30 pm



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